



TOURNAMENT PROGRAM



ABALONE CUP

SOCGER TOURNAMENT

High School and Women's Open Rec/Comp, Over 30 and 40

August 27-29, 2010

Sponsored by Soroptimist International of Noyo Sunrise



Master Schedule

WOMEN'S ABALONE CUP 2010 SCHEDULE

HIGH SCHOOL DIVISION	OPEN COMPETITIVE	OPEN RECREATIONAL	OVER 30 DIVISION
HS-1 Ft. Bragg Varsity TIMBERWOLVES (FB) HS-2 Willits WOLVERINES (WW) HS-3 St. Bernards' CRUSADERS (SB) HS-4 Cloverdale Lady EAGLES (CD) HS-5 El Molino (EM) HS-6 Clearlake V CARDINALS (CL) HS-7 Clearlake JV CARDINALS (CLJV) HS-8 Ft. Bragg JV TIMBERWOLVES (FBJV) HS-9 McKinleyville PANTHERS (MK) HS-10 Fortuna HUSKIES (FH)	A1 NO EXCUSES (Sacto) A2 RIGHT STUFF (Sacto) A3 PURPLE MONKEYS (S Rosa) A4 STV (Sacto Turn Verein)	B1 MENDO-SEA GALS B2 CARMICHAEL CROSSFIRE B3 ROSEVILLE SHOOTERS B4 SCORETASTIC (Sac) B5 YAQUIS (Sac)	C1 NAPA SPORT C2 GENERATION GAP NO OF 30 (Sac) C3 RIPTIDES (Chico) C4 VALLEY GIRLS (Rancho Cordova)
			OVER 40 DIVISION
			D1 P.U.B.B. (S Rosa) D2 KILLER TOMATOES (Sac) D3 CHICO NUGGETS

FRIDAY GAMES (HS mini jamboree)

FIELD	5:30PM	7:00PM
TWS	CL V SB	A FB v MK C
DG-N	CLJV v FBJV	B CD v EM D

SATURDAY

FIELD	8:30AM	10:15AM	11:30 AM	1:15 PM	2:30 PM	3:45 PM
MS-N		A4 v A2 5	A1 v A3 10			
TWS	CL V MK 1	D2 v D3 6	CLJV V EM 11	MK V CD 15	C3 v C4 19	FH V WW 23
DG-N	SB v EM 2	B1 v B2 7	CL V FH 12	D1 v D2 16	A2 v A3 20	C2 v C1 24
DG-S	CD V WW 3	FB V CD 8	SB V WW 13	FH V FB 17	A1 v A4 21	B5 v B2 25
DG-E	B3 v B4 4	C1 v C4 9	C2 v C3 14	B4 v B5 18	B3 v B1 22	D3 v D1 26

SUNDAY

FIELD	8:30AM	9:45 AM	11:00 AM	12:30 PM	1:15 PM	2:30 PM
TWS	B2 v B3 26	B5 v B1 29	B4 v B2 32	A CHAMPIONSHIP 36	D CHAMPIONSHIP 40	C CHAMPIONSHIP 43
DG-N	C1 v C3 27	A3 v A4 30	2nd O-30(C) v 1st O-40(D) 33	A CONSOLATION 37	B/D CONSOLATION* 41	B CHAMPIONSHIP 44
DG-S	C4 v C2 28	A2 v A1 31	3rd O-30(C) v 2nd O-40(D) 34	B1 V B4 38	C CONSOLATION 42	B CONSOLATION 45
DG-E			4th O-30(C) v 3rd O-40(D) 35	B3 V B5 39		

* D Consolation is optional game with 5th place OR (B) team

All teams 1-4 in each division will receive trophies and individual prizes. First place will receive championship t-shirts also.

FIELD CODES

DG = Dana Gray Elem **MS** = FB Middle Sch **TWS** = TimberWolf Stadium (FBHS)
[N-E-S-W are compass field locations, ocean on the WEST for reference]



WELCOME TO THE 20TH ANNUAL ABALONE CUP!

The Abalone Cup women's tournament is held in Fort Bragg annually one week before Labor Day weekend. Participating this year are 10 high school teams from Humboldt, Lake, Sonoma, and Mendocino County, and 16 women's teams, primarily from Sacramento and Sonoma Counties. For the HS teams, this is a jamboree ending the first or second week of tryouts, and a chance to play non-league games for early season practice. For the women, it's a reunion for some, a vacation for most, and nice way to end the tournament season in cooler weather!

The 2010 Abalone Cup sponsor is **Soroptimist International of Noyo Sunrise**. How appropriate, as the Soroptimist mission is *"Making the world a better place for Women and Girls, Locally and Globally"*.

This tournament is one of two tournament fundraisers established for the boys and girls high school teams in Fort Bragg. The FBHS girls soccer team also assists other groups with their fundraising—this year the snack shack is being run by the school's **Otsuchi Exchange Group**, to raise money for their next trip to Japan. *They would love your business!* Girls' HS soccer tournaments have donated as much as \$16,000/year to other HS team sports or to other school programs and community groups from their tournament proceeds and events. This year, with the school transportation budget cut, the tournaments will ensure our soccer teams can pay their way.

Many of our tournament referees are from Sacramento, and some have been coming to four tournaments annually since 1990. Jerry and Lorraine Murphy (founders of the Abalone Cup) always host our visiting referees, making it a fun event for all.

On behalf of Soroptimists and all the local businesses and clubs participating this weekend, Tournament director Tess Albin-Smith would like to welcome you to the tournament with the best summer soccer weather and most scenic beaches in the US!

A HISTORY OF ABALONE CUP WINNERS FOR LAST 4 YEARS

2009 CHAMPIONS ABALONE CUP

DIVISION	1ST	2ND	3RD	4TH
OPEN COMP	B.B.D.	PURPLE MONKEYS	RIGHT STUFF	COSENZA
OPEN REC	NO EXCUSE	REVOLUTION	KAOS	CROSSFIRE
OVER 30	NAPA SPORT	GENERATION GAP	SACTO REVOLUTION	LET IT GO
OVER 40	NORCAL	CHICO NUGGETS	KILLER TOMATOES	TWISTED SISTERS

2008 CHAMPIONS ABALONE CUP

DIVISION	1ST	2ND	3RD	4TH
OPEN COMP	TIGERS	PURPLE MONKEYS	ZIA	LAKE CO CRUSHERS
OPEN REC	TURN VEREIN	NAPA SPORT	B.A.B.	RIGHT STUFF
OVER 40	NORCAL	LEGENDS	KILLER TOMATOES	CHICO NUGGETS

2007 CHAMPIONS ABALONE CUP

DIVISION	1ST	2ND	3RD	4TH
OPEN COMP	RIPTIDE	LAKE COUNTY CRUSHERS	GATEWAY KICKERS	PURPLE MONKEYS
OPEN REC	TURN VEREIN	GENERATION GAP	AFTERSHOCK	SANTA ROSA UNITED
OVER 30	KILLER TOMATOES	MENDO SEA GALS	NAPA SPORT	LAS LOCAS
OVER 40	LEGENDS	NORCAL UNITED	KILLER BEES	CALIFORNIA KRUSH

2006 CHAMPIONS ABALONE CUP

DIVISION	1ST	2ND	3RD	4TH
OPEN COMP	EAST BAY STARS	RIPTIDE	HUMBOLDT/MENDO UNITED	SC UNITED
OPEN REC	GENERATION GAP	SANTA ROSA SHOCKERS	DYSFUNCTIONAL	ONE ANGRY CHEERLEADER
OVER 30	KILLER TOMATOES	NORCAL UNITED	NAPA SPORT	CALIFORNIA KRUSH



ABALONE CUP TOURNAMENT RULES-2010

GAMES FORMAT

- In the **HIGH SCHOOL (HS division)**, 10 teams will play 2-4 jamboree games Friday and Saturday. High school teams are ineligible for awards or prizes in this tournament. High School players ARE eligible to play in the open divisions as long as they are rostered before the second game on Sunday.
- In the **OPEN COMP (A division)**, 4 teams will play Round-Robin. Ties will stand in preliminary round. The top 2 teams in points will advance to replay one another in the Championship. The 3rd and 4th place teams will play a consolation game. All final 4 game participants will receive trophies and individual prizes. First place additionally gets t-shirts. See tie-breaker rules above.
- In the **OPEN REC (B division)**, 5 teams will play Round-Robin. Ties will stand in preliminary round. The top 2 teams in points will advance to replay one another in the Championship. The 3rd and 4th place teams will play a consolation game. *The 5th ranked team will play an (optional) consolation game with the 3rd ranked team from Over 40.* All teams playing a final round will receive trophies and individual prizes. First place also receives Championship T-shirts.
- **OVER 30 (B/C division)**. 4 teams play round-robin for points. Teams ranked in bottom 3 on Sunday will play a cross-flight game with Over 40. Points for cross-over games will be worth half the value of Over 30 flight games, rounded up to the nearest whole number. The top 2/5 teams in points will advance to replay one another in the Championship. The 3rd and 4th place teams will play a consolation game. All final 4 final game participants will receive trophies and individual prizes. First place additionally gets t-shirts. See tie-breaker rules above.
- **Over 40 (D division)**: 3 teams total will play round-robin on Saturday. (There is a possibility of a 4th team to join, but these rules stand until further notice). On Sunday, teams will be ranked and on Sunday will play a cross-flight game with the bottom 3 ranking teams from the Over 30. Points for cross-over games will be worth half the value of Over 40 flight games, rounded up to the nearest whole number. The top two teams in points in Over 40 advance to the championship game, *and the 3rd ranked O-40 team will play an (optional) consolation game with the 5th ranked team from Open Rec.* All teams will receive trophies and individual prizes. First place also receives Championship T-shirts.

CHECK-IN AND ELIGIBILITY

All teams are required to check-in in person at Dana Gray **at least one-hour prior to the scheduled first game**. Players must bring a driver's license to prove identity. No adult may participate who hasn't both signed the liability waiver and proven identity. Minors must have their parent/guardian sign the waiver.

A player arriving late may not play until checked in, i.e., all players who have completed check-in will wear a color-coded wrist band. **Wrist bands must not be removed for the duration of the tournament except for red card ejections.** No team may have more than 18 on their roster, but teams may drop or add players during the tournament. *No new players may be added after the first game on Sunday.*

A player may play for more than one team as long as the player does not play on two teams in the same division, she meets the age requirement for each division, she has signed the teams' rosters/waivers, and she wears all the appropriate colored wristbands throughout the tournament.

All games will be started within five (5) minutes of the scheduled time or when the field becomes available. If a team has not taken the field with a minimum of seven (7) players within the 5-minute grace period, the game will be forfeited, and the team with sufficient team members shall win by a score of 1-0. If neither team has sufficient numbers to play, both teams will lose. Any game may be terminated by the referee for extreme misconduct, both on and off the field. The team affected will thereby forfeit the game.

TOURNAMENT RULES

Rules will be in accordance with 2010 USSF laws, modified as follows

AGE REQUIREMENTS

There is no maximum age in any division. The minimum age of a player in the open division is attending High School. The minimum age requirement to play in the **Over 40** is any player reaching their 40th birthday by Dec. 31 of the tournament calendar year. *The over 40 teams may include 2 players 35 and over.* The minimum age requirement to play in the **Over 30** division is 30. A player reaching their 30th birthday by Dec. 31 of the tournament calendar year qualifies to play O-30 in this tournament. No one younger than 30 (other than an upcoming birthday as described) may participate in this age group division.

LENGTH OF GAMES, FORMAT

All games *including championship games* will consist of two-30 minute halves and one 5 minute half-time.



Rules, part 2

SCORING ☞ *There is no reward for a high score.* ☞

WIN	6 POINTS
TIE	3 POINTS
LOSS	0 POINTS
GOALS	1 POINT each, up to three*
SHUT-OUT	1 POINT 0-0 is a shut-out
RED CARD	-1POINT each (coaches incl)

☺ Maximum points for a win is 10.

☺ Maximum points for a tie is 6.

☺ Maximum points for a loss is 3.

***NOTE: Excessive scoring in an uneven match is highly discouraged.**

STANDINGS AND TIE-BREAKERS:

Teams with tied points after preliminary play will use the tie-breaker rules:

1. Head-to-head competition.
2. Teams with least points scored against them.
3. Teams with the least number of red cards recorded.
4. Teams with the least number of yellow cards recorded.
5. Shoot-out (five from the field)
6. Shoot-out (whole team until tie broken—first five shooters go to the end of the line)

Note: To keep games moving, shoot-outs should be moved to a neutral field not in use, if available.

CHAMPIONSHIP GAMES:

Championship games shall be played to their conclusion. In the event of a tie at the end of the game, a shoot-out as described above, shall be used to break the tie.

GAME BALLS:

Game balls will be provided by the Home Team, (listed first on the schedule). The referee may choose to use a ball provided by the visiting team, if the ball provided is inadequate.

SLIDE TACKLING:

Slide tackling is not allowed in the Over 30 and Over 40 divisions. Slide tackling is automatically permitted in the open divisions, EXCEPT it may be disallowed *by mutual consent* of the team captains. Both teams must agree (and the referee must be asked) to disallow sliding either prior to the game or the 2nd half.

SCORECARDS AND PROTESTS:

All game results are final and no protests will be allowed. The tournament director reserves the right to disallow a score correction on the scoreboard *if the team does not sign the scorecard after the game.*

HOME TEAM AND JERSEYS: Home teams are listed **first** on the Game Schedule, except in the championship games, where the home team shall be determined by a coin toss or RoShamBo. If the jersey color is similar or identical to the visiting team, the home team will be required to change.

SUBSTITUTIONS: Substitutions may be requested from the referee:

1. Prior to your throw-in
2. Prior to a goal kick by either team
3. After a goal by either team
4. At half time
5. After an injury by either team
6. To replace a player given a yellow card.

CARDS:

Any player receiving a yellow card must be substituted. Any player or coach sent off for a red card is automatically suspended from the team's next game. Their wrist band must be removed and not re-applied until the next game has been played. Any player receiving two red cards is suspended for the weekend.

RAIN:

The tournament will go on rain or shine, unless the weather is so intense as to be dangerous and/or extremely damaging to the fields.

ALCOHOL and TOBACCO:

No smoking within 25 yards of the school fields. Alcohol is STRICTLY PROHIBITED on school grounds. Any team violating these rules will be suspended from the tournament.

SITUATIONS NOT COVERED BY THESE RULES:

The tournament committee will rule on any questions not covered above. The tournament director's decision is final and cannot be appealed.



OPEN TEAM SCHEDULES

SCHEDULE OPEN COMPETITIVE

A DIVISION

NOTE: Errors on this page will be resolved by looking at the Master Schedule

- A1 NO EXCUSES (Sacto)
- A2 RIGHT STUFF (Sacto)
- A3 PURPLE MONKEYS (S Rosa)
- A4 STV (Sacto Turn Verein)

SATURDAY

FIELD	TIME	GAME	TEAMS	DAY
MS-N	A4 v A2	5	10:15AM	SAT
MS-N	A1 v A3	10	11:30 AM	SAT
DG-N	A2 v A3	20	2:30 PM	SAT
DG-S	A1 v A4	21	2:30 PM	SAT

SUNDAY

FIELD	TIME	GAME	TEAMS	DAY
DG-N	A3 v A4	31	9:45 AM	SUN
DG-S	A2 v A1	32	9:45 AM	SUN

PLAYOFFS

TWS	A CHAMPIONSHIP	37	12:30 PM	SUN
DG-N	A CONSOLATION	38	12:30 PM	SUN

*1st and 2nd in Points Play for CHAMPIONSHIP
3rd and 4th in Points Play for CONSOLATION*

SCHEDULE OPEN RECREATIONAL B DIVISION

NOTE: Errors on this page will be resolved by looking at the Master Schedule

- B1 MENDO-SEA GALS
- B2 CARMICHAEL CROSSFIRE
- B3 ROSEVILLE SHOOTERS
- B4 SCORETASTIC (Sac)
- B5 YAQUIS (Sac)

SATURDAY

FIELD	TIME	GAME	TEAMS	DAY
DG-E	B3 v B4	4	8:30AM	SAT
DG-N	B1 v B2	7	10:15AM	SAT
DG-E	B4 v B5	18	1:15 PM	SAT
DG-E	B3 v B1	22	2:30 PM	SAT
DG-S	B5 v B2	25	3:45 PM	SAT

SUNDAY

TWS	TIME	GAME	TEAMS	DAY
TWS	B2 v B3	27	8:30AM	SUN
TWS	B5 v B1	30	9:45 AM	SUN
TWS	B4 v B2	33	11:00 AM	SUN
DG-S	B1 V B4	39	12:30 PM	SUN
DG-E	B3 V B5	40	12:30 PM	SUN

PLAYOFFS

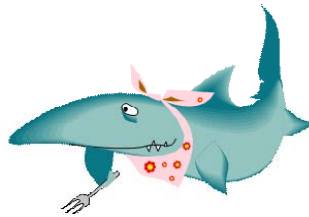
DG-N	B/D CONSOLATION*	42	1:15 PM	SUN
DG-N	B CHAMPIONSHIP	45	2:30 PM	SUN
DG-S	B CONSOLATION	46	2:30 PM	SUN

1ST IN EACH FLIGHT PLAY FOR 1ST AND 2ND
2ND IN EACH FLIGHT PLAY FOR 3RD AND 4TH

**OPTIONAL EXTRA CONSOLATION GAME FOR 5TH IN B TO PLAY 3RD IN O40

Many OR teams are mixed with O-40/50/60 and some younger players. It is thought these teams ranking low in their division might be acceptably even with Over 40 in this tournament, allowing a fun optional consolation game for both.

Hungry?
Visit the Snack Shack
at the Dana Gray Soccer Field
for healthy, delicious food!



Menu includes:

Grilled Teriaki Chicken/ pineapple sandwich Grilled Teriaki Chicken wrap
Hamburger/ Cheeseburgers/ Veggie Boca Burgers Hot Dogs/ Chili Dogs & Corn Dogs
Nachos Quesadillas Potstickers Various snacks & candy

For Breakfast:

Breakfast burritos
Baked goods
Yogurt
Fresh Fruit

Beverages: Water, Juices, Sodas, Hot Coffee/ Tea & Hot Chocolate

Your purchases benefit the Fort Bragg Otsuchi Cultural
Exchange Program- Fort Bragg's Official Japanese Sister
City Home-stay Exchange Program

大槌





Over 30/40 TEAM SCHEDULES

SCHEDULE OVER 30 C DIVISION

NOTE: Errors on this page will be resolved by looking at the Master Schedule

- C1 NAPA SPORT
- C2 GENERATION GAP NO OF 30 (Sac)
- C3 RIPTIDES (Chico)
- C4 VALLEY GIRLS (Rancho Cordova)

SATURDAY

FIELD	TIME	GAME	TEAMS	DAY
DG-E	C1 v C4	9	10:15AM	SAT
DG-E	C2 v C3	14	11:30 AM	SAT
TWS	C3 v C4	19	2:30 PM	SAT
DG-N	C2 v C1	24	3:45 PM	SAT

SUNDAY

FIELD	TIME	GAME	TEAMS	DAY
DG-N	C1 v C3	28	8:30AM	SUN
DG-S	C4 v C2	29	8:30AM	SUN
DG-N	2nd O-30(C) v 1st O-40(D)	34	11:00 AM	SUN
DG-S	3rd O-30(C) v 2nd O-40(D)	35	11:00 AM	SUN
DG-E	4th O-30(C) v 3rd O-40(D)	36	11:00 AM	SUN

**Crossover game tournament points count for 1/2 value*

PLAYOFFS

DG-S	C CONSOLATION	43	1:15 PM	SUN
TWS	C CHAMPIONSHIP	44	2:30 PM	SUN

*1st and 2nd in Points Play for CHAMPIONSHIP
3rd and 4th in Points Play for CONSOLATION*

SCHEDULE OVER 40 D DIVISION

NOTE: Errors on this page will be resolved by looking at the Master Schedule

- D1 P.U.B.B. (S Rosa)
- D2 KILLER TOMATOES (Sac)
- D3 CHICO NUGGETS

SATURDAY

FIELD	TIME	GAME	TEAMS	DAY
TWS	D2 v D3	6	10:15AM	SAT
DG-N	D1 v D2	16	1:15 PM	SAT
DG-E	D3 v D1	26	3:45 PM	SAT

SUNDAY CROSSFLIGHT PLAY*

DG-N	2nd O-30(C) v 1st O-40(D)	34	11:00 AM	SUN
DG-S	3rd O-30(C) v 2nd O-40(D)	35	11:00 AM	SUN
DG-E	4th O-30(C) v 3rd O-40(D)	36	11:00 AM	SUN

**Crossover game tournament points count for 1/2 value*

ro-sham-bo for home team

PLAYOFFS

TWS	D CHAMPIONSHIP	41	1:15 PM	SUN
DG-N	B/D CONSOLATION*	42	1:15 PM	SUN

*1st and 2nd for Over 40 Championship
3rd D and 5th B bracket play for optional consolation b/d*

***Most O-30 and OR rosters show a mixture of O-40/50/60 and some younger players. It is thought these teams ranking low in their division might be acceptably even with Over 40 in this tournament, allowing a fun optional consolation game for both.*

*Ken Van Der Wende Photography
32330 Forest Lane, Fort Bragg, Ca.
(707) 964-3982*



Abalone Cup

Photographer Ken Van Der Wende will be taking team and individual action pictures at as many matches as possible Saturday and Sunday.

You can view these pictures on Ken's website and see if you were one of the lucky ones caught playing the game that you love.

These pictures will be available as 8"x10" prints @ \$15 or 16"x20" prints @ \$30, with \$2 - \$4 per print passed on to the Mendocino Soccer Organization.

These pictures will be posted by the end of the week following the tournament.

Ken's website: www.kenvanderwendephotography.com, then click on the sports tab at the top of the page.



High School Team Rosters

HS-10 Fortuna Varsity HUSKIES	HS-1 Ft. Bragg Varsity TIMBERWOLVES	HS-2 Willits WOLVERINES (WW)	HS-3 St. Bernards' CRUSADERS (SB)	HS-4 Cloverdale Lady EAGLES (CD)
<p>Alexa Taylor Anabel Urbina Gwen Christiansen Hannah Hagquist Jillian Casacca Kaitlyn Sigler Katrina Cahill Kelsie Burnside Lupita Calderon Mackenzie Rice Maria Brightman Merritt Schoenhofer Rachel Hess Sarah Crisp-Foster Shelby Lipscomb Sydney Chairez Taylor Pratt Vanessa Urbina</p> <p><u>Coach</u> Jill Rice</p>	<p>Amy Harney Ana Perez Cindy Reyes Deyanira Villegas Elena Gonzalez Keily Becerra Kendall Evans Kiabeth Renteria Liliana Raygoza Trujillo Lily Sugrue Madison Mitchell Miriam Perez Paula Klug Stephanie Ruano Summer Smethurst Yesenia Huerta</p> <p><u>Coach</u> Tess Albin-Smith</p>	<p>Adalyd Gonzalez Adrianna Borjon Alejandra Alvarez Alejandra Martinez Beatriz Mendoza Chelsea Duran Eva Rosas July Perreault Karina Nieto Kassy Adalco Katie Stranske Lena Ramirez Madeline Harris Makaila Gray Meagan McKinley Monica Guitierrez Stephanie Duran Wendy Santiago Yasmin Acevedo</p> <p><u>Coaches</u> Saprina Rodriguez Martin Rodriguez Oscar Natareno</p>	<p>No roster submitted</p> <p><u>Coach</u> Nancy Giacone</p>	<p>Adriana Gutierrez. Allyssa Munson Amy Mora Ashleigh Evans. Brenda Suarez Celene Rodriguez Ciara Palmer Gabi Delagnes Hannah Fasso Jaclyn Richardson Liliana Gomez Madison Stewart MaryCruz Lopez Riley Marincic Sami Acevedo Sara Gambetta Taylor Spaulding</p> <p><u>Coach</u> Steve Stewart</p>
HS-5 El Molino LIONS (EM)	HS-6 Clearlake Varsity CARDINALS (CL)	HS-7 Clearlake JV CARDINALS (CLJV)	HS-8 Ft. Bragg JV TIMBERWOLVES	HS-9 McKinleyville PANTHERS (MK)
<p>Anna Kelly Bethany McCue Griselda Gutierrez Jacilyn VanRillaer Julia Fry Karlie Rose Kirstyn Romeo Maria Membrila Mariana Lopez Monica Vigil Nadine Winamaki Rachel Company Riana Andersen Rosie Membrila Shashauna Andersen</p> <p><u>Coach</u> Sherri Occhipinti</p>	<p>Allyssa O'Donnell Amber Poff Amely Ballesteros Briana Dutcher Chelo Lundquist Krag Cierra Lopez Darian Ottolini Dulce Ortega Gabby Reyes Jasmine Flores Jen Hayes Jessica Salmeron Kura Brice Nadia Tipton Nadine Bradley Sara Guerrerro Savannah De Keyser Telia Paskaly</p> <p><u>Coaches</u> Paul Larrea Ann Larrea</p>	<p>Adrianna Guarado Billie Lowrie Camille Jones Danielle Butow Emily Norwood Faith Hornby Heather Werner Jessica Sanders Kristen McKinney Kristy Hayes Mylea Login Reana Hoaglen Sarah Landrum</p> <p><u>Coach</u> Alice Holmes</p>	<p>Alondra Jara Ana Perez Ariana Van Buuren Blanca Perez Cindy Reyes Deyanira Villegas Esther Espino Jessica Cruz Kendall Evans Lupe Garcia Miriam Perez Vivian Toscano Rodriguez</p> <p><u>Coach</u> Brian Ballard</p>	<p>Amanda Johnson Angela Polizzi Bernie Smith Caitlin Clawson Caitlin Mann Danielle Moss Darby Dutra Haley Moffat Kali Turner Kaylee Segall Mallorie Kiff Michelle Chown Miranda Hansen Rachael Sasser Savanna Padilla Taylor Acosta Tori Laidlaw Vanessa Ramirez Zoe Rossman</p> <p><u>Coach</u> Beth Anderson</p>



OPEN TEAM ROSTERS

OPEN RECREATIONAL

Group B

B1 MENDO SEA GOALS	B2 CROSSFIRE	B3 ROSEVILLE SHOOTERS
Adrianna Moreno Araceli Rodriguez Callie Dailey Cynthia Sharon Holly Sinclair Jane Bermudez Kristi Bohlen Kristina Pena Lina Davis Lorraine Murphy Maria Luisa Moreno Marisol Hernandez Marta Buenrostro Pam Sanchez Ronie Richter Shannon Gilespi Sonia Castro Sonia Sosa	Amber Archer Athina Chima Brenda Yassu Danielle Marez Heather Ramil Joanna Martin Kimberly DeYoung Melissa Horat Michele Marez Nancy Allardyce Patricia Allardyce Sara Bettencourt Shayla DeWitt Susan Riddle Terry DeWeese	Afton Linker Brandy Pena Corry Lawrence Deanna Aguiar Katrina Crespillo Kaylynn Roberts Laura Young Leslie Rule Lisa Hampton Megan Conover Megan Martinez Michelle DeGroot Pam Linke Robin Kokilananda Theresa Ellingsen Wendy Markusen



SOROPTIMIST

Best for Women



Soroptimist International of the Americas

NOYO SUNRISE CLUB

P.O. Box 787

Fort Bragg, CA 95437

www.si-noyosunrise.org

Meetings Tuesdays 7am FB Senior Center

Proud Sponsor of the Abalone Cup!

B4 SCORETASTIC (Sac)	B5 YAQUIS (Sac)
Andrea Portolesi Andrea Willits Aviva Shackell Brooke Moller Christina Cauette Christine Lush Jennifer Canales Kim Lederer Leslie Wagner Melina Rodriguez Michelle Lush Somerr Verdum Whitney Shorrock	Alisha Givenhci Andrea Nava Brittany Donnella Macias Edith Martinez Eloisa Rivera Jen Jenny Macias Juana Plazola Laura Laura Diaz Martha Guzman Nicole Garduno Sandra Guzman Sandra Velazquez Yesenia

ABALONE ROSTERS

OPEN COMPETITIVE

Group A

A1 NO EXCUSES (Sacto)	A2 RIGHT STUFF (Sacto)	A3 PURPLE MONKEYS (S Rosa)	A4 STV (Sacto Turn Verein)
Adrianna Tovar Allison Hangsleben Chelsi Thompson Christina Riker Devon Davies Jennifer Jokinen Leeza Ssave Libby Sexton Lori Doyle Megan Nichols Rachel Mason Sabrina Torrez Simone Mason Tracie Kemmerle	Allison Yee-Garcia Alyson Pace Amanda Brown Angel Hernandez Holly Grellier Ines Gourley Julia Christian Kellie Swayne Kim Montoya Melanie Freeman Monica Greenberg Sandi Imai Susan Swigart Tracey Cowger	Angela Fernandez Anna Reynolds-Smith Briana Griffin Carly Broaddus Catherine Milani Courtney Massa Dana Smith Danna Harrington Heidy Vargas Kelly Evans Kerri Perry Lisa Burchfield Rachael Hernandez Samantha Hansen Tracy Kretz Eileen Massa, Mgr.	Amanda Fagan Ana Beaumont Jo Rhuinard Joslyn Bradshaw Kelly Perkins Kelly Smalling Laura Henkenmeir Leah Heine Marina Karzag Megan Eschleman Nicole Swanson Rebecca Hollis Tammy Vann Trina Vann Valerie Williams



OVER 30 AND 40 TEAM ROSTERS

OVER THIRTY Group C

C1 NAPA SPORT	C2 GENERATION GAP NO OF 30 (Sac)	C3 RIPTIDES (Chico)	C4 VALLEY GIRLS (Rancho Cordova)
Araceli Anaya Cathi Oconner Cerri Berg Holly Sontag Jami Cox Jenn Eggle Kelly Porter Kristi Bilecky Lauren Meanza Margo Gomez Steph Roupp Sylvia Keller Vicki Vega	Alicia Scott Alyson Pace Angel Hernandez Charity Guimont Colleen Sinkey Connie Dennis Dani Butler Holly Bates Ines Gourley Jill Bellissimo Juanita Martinez Julie Parsons Karri Kerrigan Susana Pineda Thaya Lopes-Jones Vanessa Nishikawa	Ashleigh Smith Christie Tellachia Dana Doogal Elizabeth Barajas Holly Nelsen Jodi Heithecker Kari Cusick Kerri Rubio Laci Gardner Lynn Catkoski Michelle Buran Nora Hill Robyn Bilski Savar Abouzeid	Amber Nielsen Brandy Lanoue Denise Lopez Diane Cameron Irene Perkins Joelle Stallsmith Kristy Schwee Lisa Adamson Maria Ochoa Monica Sandoval Rose Lopez Sandi Snelgrove Shannon Levine Sharon Kimizuka Suna Kneisley Teresa Rodriguez



In Memoriam Sherie (Brown) Usi May 23, 1972 – June 17, 2009

It is with great sadness that we share the loss of a great friend and soccer fanatic, Sherie (Brown) Usi, to her battle with breast cancer on June 17, 2009.

Sherie was the heart and soul of **Gen Gap** for many years, acting as the team organizer extraordinaire, arranging tournaments and events for **Gen Gap**, with her famous tabbed binders, keeping everyone on track. She continued to attend the **Abalone Cup** during her battle with cancer to cheer for and support her team. Sherie was truly a friend to all she met, supportive and encouraging, with her own unique style and voice. In many ways, our team has lost its leader and we have all lost a friend.

When Sherie was struck with breast cancer over five years ago, she amazed us with her grace and tenacity, fighting the illness with her family in the forefront of her mind. Her life with her husband George and son Anthony was truly the golden period of her life.

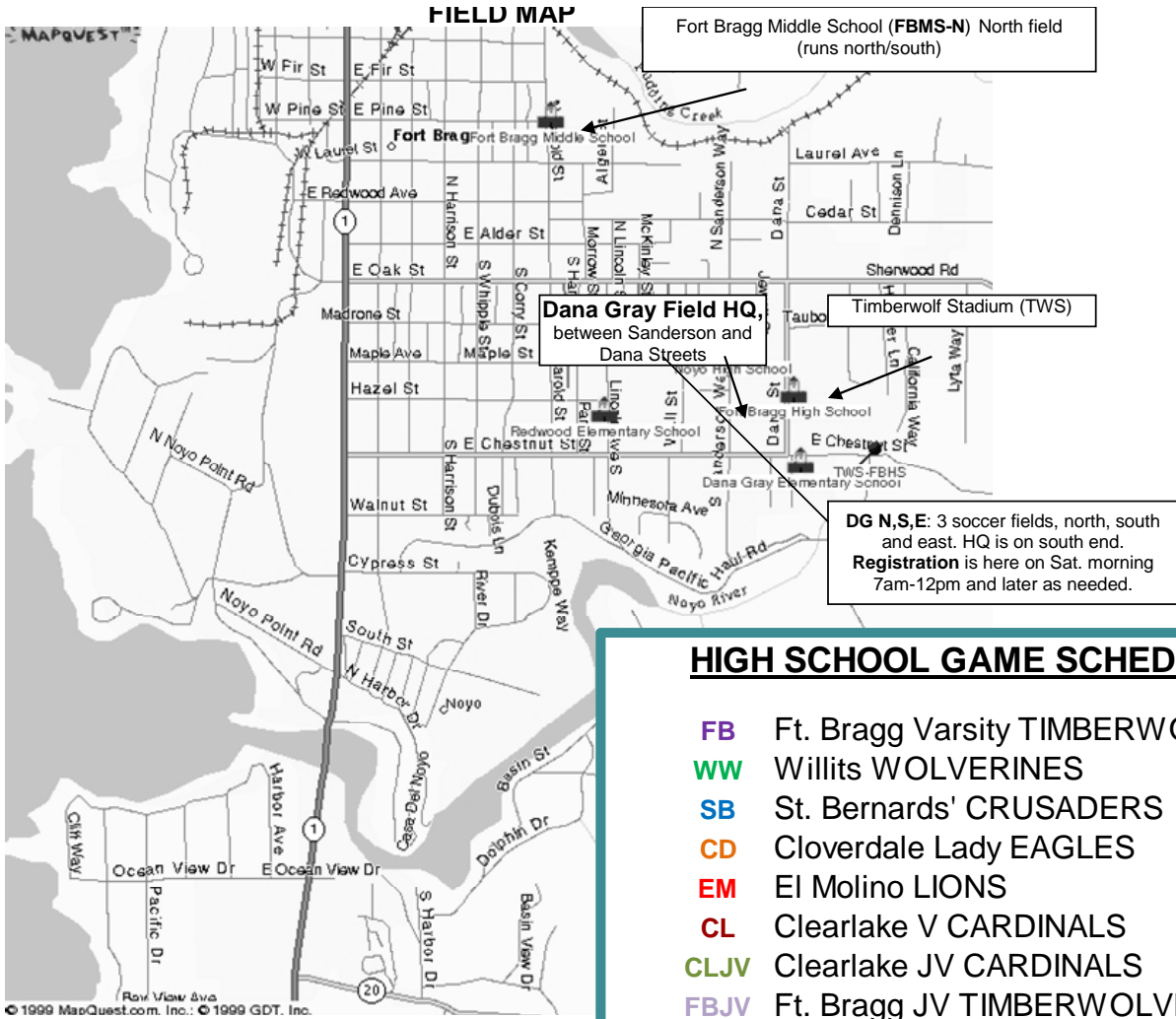
The **Gen Gap** team held a team beach memorial last year in Sherie's honor to share stories and memories. We miss her, but she is always with us in spirit.

OVER FORTY Group D

D1 P.U.B.B. (Santa Rosa)	D2 KILLER TOMATOES (Sac)	D3 CHICO NUGGETS
Alicia Mendez Alison Gray Colette Weber Janna Gossner Jen Swanstrom Jennifer Ross Karin Dowling Kellie Lomelli Laura Waterhouse Maureen Tunheim Sherri Christiani Susanna Marrs Tanya Rabellino Teri Simpson	Annette Liccardo Brandy Guill Carol Everett Deb McKenzie Deidre Bryant Eileen Hernandez Jeaneen Teixeira Jennifer Look Natalie Gentry Rebecca Harper Suzie Mason Terri Berbena-U'Ren Tracy Jensen Zoey Hooper	Donna Howald Elke Rist Julie Garcia Kameron Smith Keri Rubio Lorraine Hambleton Maria Lopez Melodie Hilton Michelle Olson Milena Slapar Nancy Allardyce Nora Hill Penny Hocking Shelly Presnell Sue Marinas Trudy Anderson



Field Map and HS Schedule



HIGH SCHOOL GAME SCHEDULE

- FB** Ft. Bragg Varsity **TIMBERWOLVES**
- WW** Willits **WOLVERINES**
- SB** St. Bernards' **CRUSADERS**
- CD** Cloverdale Lady **EAGLES**
- EM** El Molino **LIONS**
- CL** Clearlake V **CARDINALS**
- CLJV** Clearlake JV **CARDINALS**
- FBJV** Ft. Bragg JV **TIMBERWOLVES**
- MK** McKinleyville **PANTHERS**
- FH** Fortuna **HUSKIES**

FRIDAY AND SATURDAY SCHEDULES

FIELD	TIME	GAME	TEAMS	DAY
TWS	CL V SB	A	5:30PM	FRI
DG-N	CLJV v FBJV	B	5:30PM	FRI
TWS	FB v MK	C	7:00PM	FRI
DG-N	CD v EM	D	7:00PM	FRI
TWS	CL V MK	1	8:30AM	SAT
DG-N	SB v EM	2	8:30AM	SAT
DG-S	CD V WW	3	8:30AM	SAT
DG-S	FB V CD	8	10:15AM	SAT
TWS	CLJV V EM	11	11:30 AM	SAT
DG-N	CL V FH	12	11:30 AM	SAT
DG-S	SB V WW	13	11:30 AM	SAT
TWS	MK V CD	15	1:15 PM	SAT
DG-S	FH V FB	17	1:15 PM	SAT
TWS	FH V WW	23	3:45 PM	SAT



The coveted Abalone--a one of a kind trophy!



SCORE WORKSHEET

DIVISION	FLIGHT	TEAM NO	TEAM NAME	GAME 1 SCORE POINTS	GAME 2 SCORE POINTS	GAME 3 SCORE POINTS	FINAL TOTAL STANDINGS	PLAYOFFS
OPEN COMP 'A GROUP'	A	A1	NO EXCUSES (Sacto)					
	A	A2	RIGHT STUFF (Sacto)					1ST AND 2ND
	A	A3	PURPLE MONKEYS (S Rosa)					
	A	A4	STV (Sacto Turn Verein)					3RD AND 4TH
OPEN REC 'B GROUP'				GAME 1 SCORE POINTS	GAME 2 SCORE POINTS	GAME 3 SCORE POINTS	FINAL TOTAL STANDINGS	PLAYOFFS
	A	B1	MENDO-SEA GALS					1ST AND 2ND
	A	B2	CARMICHAEL CROSSFIRE					
	A	B3	ROSEVILLE SHOOTERS					
	A	B4	SCORETASTIC (Sac)					3RD AND 4TH
A	B5	YAQUIS (Sac)						
OVER 30 'C GROUP'				GAME 1 SCORE POINTS	GAME 2 SCORE POINTS	GAME 3 SCORE POINTS	FINAL TOTAL STANDINGS	PLAYOFFS
	A	C1	NAPA SPORT					
	A	C2	GENERATION GAP NO OF 30 (Sac)					1ST AND 2ND
	A	C3	RIPTIDES (Chico)					
A	C4	VALLEY GIRLS (Rancho Cordova)					3RD AND 4TH	
OVER 40 'D GROUP'				GAME 1 SCORE POINTS	GAME 2 SCORE POINTS	GAME 3 SCORE POINTS	FINAL TOTAL STANDINGS	PLAYOFFS
	B	D1	P.U.B. (S Rosa)					1ST AND 2ND
	B	D2	KILLER TOMATOES (Sac)					
B	D3	CHICO NUGGETS					3RD AND 4TH	